



Baby Events

Committee members, Jamie Guptill, Isayah O'Neill, Esta Walker-Visala and Natasha Dobbs create gardening activity packs for children with sun-flower seeds and peat pots. Other committees include Giving Back, who make baby packs for newborns and the Students' Formal committee who are busy fundraising.

Diabetes

Tess Clarke from the Healthy Futures Family Trust gave a thought provoking talk on diabetes. The statistics were very sobering. 81,000 people were diagnosed with diabetes in 1996, 335,000 in 2012 and 342,680 in 2013. She reported that young children were beginning to present in hospital with Type 2 diabetes. A very serious increase. Tess went through a variety of drinks and measured the sugar content for each (see below). She also took us through a typical day's menu and analysed it for sugar content. We were astonished to discover that there are 5 teaspoons of sugar in a standard tin of baked beans. The good news is that diabetes can be managed. Once identified, diabetes can be controlled through diet, exercise and medication.



Wednesday 12.30-1pm
ELECTION 2014
Information Centre
(Enrolment – MMP – How it all works, etc.)

We held our own lunch time information forums to explain the electoral process. This was ably led by Regis Le Moguedec. Students took an active interest in the election and could enrol at this forum.

We welcome two new babies:
Mary Turua - Matiu Zara Wallace Smith - Tamatea

A very big thank you to all the public and private donors who have supported us this term. We could not provide the varied programme and high standard of care for our students without your help. We welcome donations towards the work of the school. Donations to the scholarship fund can be made to the HHT Trust. These are tax deductible and a receipt will be sent to you. C McLeod, HM Forsyth, Ian Crabtree Trust, Mana Community Grants, AB Sturman, FE McDonald, David Daily Charitable Trust, WV Crane, RA & HM Bichan, G Ennis.

If you have changed address or would like the newsletter emailed to you, please contact Sarah De Renzy at sarah@hht.school.nz

He Huarahi Tamariki School for Teenage Parents—PO BOX 51346 TAWA WELLINGTON—(04) 232 0956 Fax 232 0957—sarah@hht.school.nz
Our host school is Wellington East Girls' College—Principal: Sally Haughton

HHT Launches New Website and Facebook Page.



HHT has polished its digital face this year with a new website and Facebook page. Zeald helped us with the design process to create a user friendly and dynamic site. The website is still a work in progress. Check it out at www.hht.school.nz/ If you would like to receive the newsletter by email please email sarah@hht.school.nz or contact us via the website.



ZONTA Pop Up Shop in action fundraising at Plimmerton for HHT following a Glam & Glitz night.



Green MP, Jan Logie visited HHT and talked to students about the difficulty of finding suitable accommodation when you are a young, single parent.

★ **Dates for your diary** ★
★ • Thursday 4th December Prize Giving ★
★ • Friday 5th December Zonta lunch ★
★ • Monday 8th December Zoo outing ★
★ • Tuesday 9th December Griffin party & last day ★
★ for Te Kura assignments. ★
★ • Thursday 11th December Volunteer lunch ★
★ *****

He Huarahi Tamariki

School for Teenage Parents

Term 4 2014



Every year our students are placed with employers to explore career interests and experience time in the work place. Placements are managed by Joan Reader, our able Work Experience Coordinator. Our thanks go to all the employers who give up their time for our students: Te Kohanga Reo o Ngaio, Manawanui Kohanga Reo, Porirua City Council, I-site, Sharper Image, Haircraft Centre, Take Note, Paws in the City, Voon Designer Clothing, Henshaw Signs, Juliette Florist, Café Kaizen, Tawa College, St Pat's Primary School, Tawa Intermediate, Sharing Shed, Sarah Serancke, Keneperu Maternity Unit, Sand Dunes ELC, MPL Property Law, Mana ELC, Pumpkin Patch, Mareaeora Health, Carter Observatory, Porirua Police and the Thorndon Fire Station. We are also very grateful to Dress for Success Wellington who gave the students styling advice on what to wear. A few students took advantage of their dressing service and had an appointment with a trained dresser who helped them put together an appropriate outfit.

Work Experience and the real world of work.

This year I was fortunate enough to be placed at Mana Property Law in Cambourne, with an awesome and welcoming team of conveyancers. Paula Keats, who was my "boss-lady" for my two days of work experience, walked me through the process of setting up a purchase file. She explained that her job as a conveyancer, is to check out any laws around the land and property that someone wants to buy, which works the other way around when people want to sell. In no time I had finished the files myself and was asking for more work. On my second day I was stoked when I walked in and Paula informed me I would be at a desk setting up files, searching for the Certificate of Title and emailing clients, using templates and filling in blanks, on my own. Paula's faith in my ability to get the work done competently was really encouraging, and I found it difficult to leave at the end of my second day. I am very thankful for the placement I got and the experience the team gave me. I definitely hope to go back again, after university or during the year just to say "Hey,



Gateway students graduate

with unit standards towards the National Certificate in Health, Disability and Aged Support (Foundation Skills) Level 2. Natasha Dobbs (front row left) and Zikayah Kahui (back row 4th from the right) completed the health course co ordinated by Partners Porirua and Wellcare Education. Both students have been accepted into the Foundation Certificate in Health Science at Whitireia Polytechnic in 2015. "It was fun and a great introduction to a health career." Our congratulations to Natasha and Zikayah.

From our Teacher in Charge

Tēna koutou, tēna koutou, tēna tatou katoa.

We are at the business end of the year with students checking their goals and working with an eye on the clock. Plans are underway for tertiary or next steps. Before the end of term, there are exams, our formal dinner, prize giving, Zonta's celebration lunch and the hard part – the farewells. We often refer to HHT as home so leaving is never final. Our leavers continue to inspire us and all going well we will have three further university graduates to add to our honours board while others will be closer to their goals. Recent graduate news includes the passing of a heavy duty licence and a job driving buses, a fulltime hospitality position and another who has gone full circle from student to a trained teacher. Opportunities to meet people and engage with new ideas continue. Over past weeks, a funeral director, a train driver and media and film expert have shared their career paths as part of Mana Business Women's Project Fireworks. A Roopu Rangatahi has lead a workshop exploring New Zealand's constitution from a Kaupapa Maori perspective and next week we will host a Presbyterian Training in Mission Group. Youth leaders from Jamaica, South Korea, Samoa, Guyana, Botswana, Bangladesh, Kiribati, Zambia, Papua New Guinea, Madagascar, India and Malawi will talk about their countries. Our horizons will certainly be expanded.

Three new students have just begun their journey with HHT. Our cohorts may change but what remains constant is each student's commitment to building the best future for her child. What also remains constant is the support from so many individuals, agencies, volunteers, donors, service groups, our staff, students and their families. This weekend's pop up shop organised by Zonta as a scholarship fundraiser is an example of the tireless and creative work that is part of our backstory. Thank you to the Trust for supporting our scholarship programme and to our host school, Wellington East Girls' College, for their ongoing, valued support. We look forward to celebrating the achievements of 2014 at prize giving.

Nga mihi nui Helen Webber

Knitting up a Storm

Gay Ennis from Christchurch has been knitting garments for our babies for many years. These beautiful new born woollen hats are the latest contribution from her knitting needles. Thank you, Gay, for all your efforts. Some of our students have been inspired to pick up a pair of needles or a crochet hook and we are grateful to June Penman for teaching us pearl and plain, chain stitch, slip stitch and double and triple crochet. Students made peggy squares that were stitched together into a blanket.



GRADUATE NEWS



Our former students continue to keep in touch with us. Natasha Garner and Neshawn visited recently from Christchurch. Natasha has been studying towards a Bachelor of Education at Canterbury University and is currently learning Te reo.



Our congratulations go to Stephanie O'Carroll Ron who was recently nominated by the ANZ Wellington Call Centre for Best Customer Service Consultant. ANZ Retail won the Diamond Award and 1st place for Customer Service in New Zealand. As part of her Wellington nomination Stephanie was flown to Auckland, chauffeured to her hotel and attended the CRM Contact Centre Awards ceremony at the Auckland

Sky City Convention Centre. "I was overwhelmed to be chosen as the Wellington ANZ representative. I love my work at the Contact Centre and get tremendous support and opportunity for growth in my job."

Book Launch



Peter Atkins, writer and HHT driver, donated 'Singing Home the Whale' by Mandy Hager to our library. 'Singing Home the Whale' is the story of a boy and a whale who bond over a shared passion for music. Both characters are lost and find themselves over the course of the book. A great read.



NETBALL

The HHT team warming up - Te Aroha Wineera, Molly Moananu, Zikayah Kahui, Esta Walker-Visala, Isayah O'Neil, Hineora Mike, Amber Woods and Te Maamae Siale-Tou.

This year a Lower North Island netball competition was hosted by Whakatipuia Teen Parent Unit in Palmerston North. Six TPUs from Levin, Upper Hutt, Masterton, Napier, Palmerston North and Wellington battled for the trophy with HHT winning against Masterton 29-6 in the final game. It took a while to warm up as the day was bitterly cold. Our thanks to Deirdre Fergusson for travelling with us and managing the team. The 2015 tournament will be hosted by the Levin Teen Parent Unit.



Local Architecture Inspires Art student

Esta Walker Visala is completing her Visual Arts L3 folio looking at classic architecture using the Wellington Railway Station as her subject. "It is a great way to express myself," said Esta who is often found to be working after hours.



Our community constable, Mel Clancey, came to speak to us about her work. She talked about career opportunities within the police force. Her colleague, Sheryl Adams, also came to talk to us about the Anti Smacking law and how it is not OK to smack a child. "Hitting doesn't work and hitting harder doesn't work." This term our students are taking part in the 'The Incredible Years', an evidence based programme that develops the parent-child relationship.

Visit from Otago Medical School Students

Every year the school hosts a group of third year students as part of Community Contact Week for the Department of Primary Health Care & General Practice, for the University of Otago, Wellington. Last term nine medical students visited the school over three days. Kim Edmonds-Stoneham gives her impressions as HHT students talk to three medical students in their efforts to obtain knowledge of a wider range of community issues. "We discussed our medical needs and what our hopes are for the future, for example, subsidised doctor visits beyond the current age. We talked for about an hour and they took notes on our ideas on healthcare for the future. All three students were very friendly and displayed no prejudice. It was nice to then hear about their lives and how their experience of university had been so far. We wish them the best of luck and thank them for taking the time to sit and talk with us." Below, Esta Walker-Visala (obscured), Molly Moananu, Sandra Graham-Hall, Courtney Boderick and Kim Edmonds Stoneham with Otago medical students.

